

**HEALTHWEST**  
**FULL BOARD MEETING MINUTES**  
**August 26, 2016**  
**8 a.m.**  
**Mental Health Center**

**CALL TO ORDER**

The regular meeting of the Full Board was called to order by Chair Thomas at 8:01 a.m.

**ROLL CALL**

Members Present: Janet Thomas, Cheryl Natte, John Schrier, Jeff Fortenbacher, Bonnie Gonzalez, Susie Hughes, Ken Shelton, John Snider, Dr. Remington Sprague, Lori Wells

Members Excused: Charles Nash

Others Present: Julia Rupp, Brandy Carlson, Judy Cohen, David Parnin, Michael Pyne, Margaret Tietze, Joy VanderVen

Guests: Stacy Coleman

**MINUTES**

It was moved by Mr. Shelton, seconded by Dr. Sprague, to approve the minutes of the July 29, 2016 meeting as written.

**MOTION CARRIED.**

**COMMITTEE REPORTS**

***Program/Personnel Committee via Cheryl Natte***

There were no action items.

***Recipient Rights Advisory Committee via Ken Shelton***

CMHB-113 – It was moved by Mr. Shelton, seconded by Commissioner Hughes, to accept the Recipient Rights report for the month of July 2016.

**MOTION CARRIED.**

***Finance Committee via John Snider***

CMHB-114 – It was moved by Mr. Snider, seconded by Mr. Shelton, to approve expenditures for the month ending June 30, 2016, in the total amount of \$4,674,771.60.

**MOTION CARRIED.**

CMHB-115 – It was moved by Mr. Snider, seconded by Mr. Shelton, to authorize the HealthWest Executive Director to sign a contract with The Lighthouse Neurological Rehabilitation Center, Inc. to provide specialized residential care at a per diem rate of \$427.17 (room and board not included) through September 30, 2016, and \$454.67 (room and board not included) effective October 1, 2016 through September 30, 2017, with a cap of \$190,000.00.

**MOTION CARRIED.**

CMHB-116 – It was moved by Mr. Snider, seconded by Mr. Shelton, to authorize the HealthWest Executive Director to sign a contract with CBI Rehabilitation Services, Inc. to provide specialized residential care at a per diem rate of \$587.00, effective August 15, 2016 through September 30, 2017, with a cap of \$242,000.

**MOTION CARRIED.**

CMHB-117 – It was moved by Mr. Snider, seconded by Mr. Shelton, to authorize the HealthWest Executive Director to sign the contract with the Michigan Department of Health and Human Services for Managed Mental Health Supports and Services, effective October 1, 2016 through September 30, 2017.

**MOTION CARRIED.**

CMHB-118 – It was moved by Mr. Snider, seconded by Mr. Shelton, to authorize the HealthWest Executive Director to sign a Memorandum of Understanding with Macomb-Oakland Regional Center, Inc., Support Needs Assessment Center, to conduct Train-the-Interviewer training for a selected HealthWest staff, effective August 3, 2016 through September 30, 2016, in the amount of \$3,500.00 for the training, which includes hotel, mileage, and meals for the trainers.

**MOTION CARRIED.**

CMHB-119 – It was moved by Mr. Snider, seconded by Mr. Shelton, to authorize the HealthWest Executive Director to sign a contract with CRC Recovery Response d/b/a Western Michigan Treatment Center in Grandville, Michigan to provide Medication Assisted Treatment for Substance Use Disorder, as well as assessment, individual therapy, physicals if necessary, and Suboxone/Subutex Administration, effective August 1, 2016 through September 30, 2017, with a cap of \$30,000.00.

**MOTION CARRIED.**

CMHB-120 – It was moved by Mr. Snider, seconded by Mr. Shelton, to authorize the HealthWest Executive Director to sign the contract amendment with MOKA Non-Profit Services Corporation to change the Terra Nova Home, 2745 W. White Lake Drive, Whitehall, MI 49461, to a "shift staffing" model as opposed to the current "live-in" arrangement, thereby increasing the per diem rate to \$234.54, effective August 1, 2016. The increase to the annual cap through September 30, 2016 is \$4,515.00.

**MOTION CARRIED.**

CMHB-121 – It was moved by Mr. Snider, seconded by Mr. Shelton, to authorize the HealthWest Executive Director to sign a contract amendment to pay an additional \$11.22 per day per bed for those specialized residential homes located in Muskegon County due to direct care wage increases, effective April 1, 2016.

**MOTION CARRIED.**

CMHB-122 – It was moved by Mr. Snider, seconded by Mr. Shelton, to authorize the HealthWest Executive Director to sign a contract with Family and Children Services for Child/Adolescent Crisis Residential and Crisis Respite Services, effective August 1, 2016 through September 30, 2017 at rates of \$625.00 per day for Child Crisis Residential; \$326.00 per day for 1:1 Crisis Respite; and \$240.00 per day for 1:3 Crisis Respite, with a cap of \$30,000.00.

**MOTION CARRIED.**

CMHB-123 – It was moved by Mr. Snider, seconded by Mr. Shelton, to authorize the addition of a

SIS Assessor position (NX 00240) effective August 28, 2016, with the funding for this position to be in org 7329.

**MOTION CARRIED.**

### **ITEMS FOR CONSIDERATION**

#### ***Authorization to Appoint Committee Member***

CMHB-124 – It was moved by Mr. Snider, seconded by Mr. Fortenbacher, to confirm the appointment of Mr. John Schrier as a member of the HealthWest Program/Personnel Committee, Recipient Rights Advisory Committee, and Recipient Rights Appeals Committee effective August 01, 2016.

**MOTION CARRIED.**

#### ***Authorization to Approve Position Changes***

CMHB-125 - It was moved by Ms. Gonzalez, seconded by Dr. Sprague, to authorize the position changes as listed on the attached Position Change for FY 2016 worksheet.

**MOTION CARRIED.**

#### ***Authorization to Approve Policy – Consumer Advisory Committee***

CMHB-126 - It was moved by Ms. Gonzalez, seconded by Mr. Snider, to authorize the HealthWest Executive Director to sign for the HealthWest Board approval of the new HealthWest policy entitled "Consumer Advisory Committee."

**MOTION CARRIED.**

Ms. Rupp explained that while we already have four consumer advisory groups that meet on a regular basis, they have not been connected to the HealthWest board. The new Consumer Advisory Committee will consist of 15 individuals. Attendance issues at meetings were discussed and it was suggested to have Corporate Counsel review the wording of the policy, as quorums could be an issue. This motion may be amended and brought to the September full board meeting.

### **OLD BUSINESS**

#### ***Lakeshore Regional Entity (LRE) Update***

Ms. Stacy Coleman, Chief Compliance Officer for the LRE, provided an update to the board. The following items were noted.

- The majority of LRE staff have moved out of the HealthWest Mental Health Center and into the new location on Hakes Drive. IT staff are remaining at HealthWest until fiber optic cable access is available, which will occur no later than December. Ms. Coleman thanked the HealthWest maintenance staff for all of their excellent help with the move.
- The LRE has hired Vicky Ohrn-Lannerholm as the Chief Clinical Officer. Ms. Ohrn-Lannerholm was previously employed by the State of New Mexico's Behavioral Health Services Division of the Human Services Department, and was responsible for oversight of the state's mental health programs and services.
- Another recent LRE hire is Lisa Williams, the new Customer Services specialist.

Ms. Williams brings experience from Network180 where she worked with the Deputy Director of Program Services. She will begin her employment with the LRE on September 6.

- ProtoCall Services, Inc. has contracted with the LRE to provide after-hours call coverage. Expansion is planned to eventually cover the region. This will provide regional data in ProtoCall's reports submitted to the LRE.
- Ms. Coleman reported on statistical data for HealthWest's fair hearings and grievances.
- The LRE has purchased Compliance Wave, a product to be used regionally to assist with corporate compliance training. This software offers 78 ethics and compliance related topics. Ms. Coleman has asked for a representative from HealthWest to be on the LRE's Corporate Compliance Committee.

Dr. Sprague asked if the LRE assuming responsibility for areas previously delegated to the CMHs, such as grievances and appeals, would result in a reduction in local costs. It was agreed that this should lower costs for the CMHs.

Dr. Sprague also thanked Ms. Coleman for her report, stating it is nice to hear what is going on inside the LRE.

## **NEW BUSINESS**

There was no new business.

## **COMMUNICATION**

### ***Director's Report***

The Suicide Awareness & Remembrance Walk will be held next Thursday, September 8<sup>th</sup>. The walk will be followed by an open mic night at 7pm at the Beardsley Theater, 425 West Western in Muskegon. Board members were encouraged to attend. HealthWest's Customer Services department plays a big part in making this event happen.

Community outreach has been a focus of HealthWest's Customer Services department, with the recent Health & Wellness event at Hackley Park resulting in a very large turnout. Ms. Rupp thanked board members who attended. She stated that community partners are already coming forward to participate as vendors at next year's event.

Lauren Meldrum, Community Relations Manager, is in charge of the ACES study. The data was presented to the Rotary last week and was well received. As suspected, preliminary data shows that we are higher in a number of areas when compared to the nation and other counties in Michigan. A report will be presented to the board when all of the numbers are final.

This past Monday, the Intermediate School District held two meetings with Muskegon school administrators and principals to discuss trauma and mental wellness in young people. We are hoping that the schools being more trauma informed will result in youth suicide numbers reducing. We will now increase our focus on intervention and resiliency factors.

Ms. Rupp thanked Mr. Shelton for attending the recent Transgender 101 training held at HealthWest. These free classes are open to staff and the community and very well attended. A repeat of the training Deconstructing the Culture of Poverty will be held on September 30.

The main focus at HealthWest the past few weeks has been CCBHC and SIM. Ms. Rupp informed board members that HealthWest is still in the running, as well as Network180 and West Michigan CMH from our region. Much will happen between now and September 16.

**AUDIENCE PARTICIPATION**

There was no audience participation.

**ADJOURNMENT**

There being no further business to come before the board, the meeting adjourned at 8:39 a.m.

Respectfully,

Bonnie Gonzalez  
Board Secretary

/jv<sup>2</sup>

***PRELIMINARY MINUTES  
To be approved at the Full Board Meeting of September 30, 2016***