

HealthWest and our community partners have developed a Psychological First Aid (PFA) network that responds to traumatic events in our county. PFA aims to reduce stress symptoms and assist in a healthy recovery following a traumatic event, natural disaster, public health emergency, or even a personal crisis. Early intervention can prevent more serious mental health problems and people can recover from a traumatic event with support.



Traumatic events happen, and our PFA Network is here to assist. The PFA team is available to respond to any traumatic situation, including suicide, homicide, unexpected death, accidents, personal crisis, workplace violence, and threats of violence.

## CONNECT

The HealthWest PFA Network is available to assist when traumatic incidents happen to anyone, including community members, businesses, and those in services at HealthWest. Contact the PFA First Aid Line for assistance



The HealthWest PFA Network will respond to the traumatic incident and work with anyone who is affected, including family, friends, classmates, and coworkers. PFA supports safety, calmness, self-empowerment, connectedness, and hope.

HealthWest Warm Line: 231-722-HELP(4357)