



PSYCHOLOGICAL FIRST AID



Responding to Traumatic Events Across Muskegon County

HealthWest and our community partners have developed a free Psychological First Aid (PFA) network that responds to traumatic events in Muskegon County. We aim to reduce stress symptoms and assist in a healthy recovery following a traumatic event, natural disaster, public health emergency, or even a personal crisis.



Need our services?
Call now:
231-724-3600.

Off-hours emergency?
Call our warmline:
231-722-HELP (4357).